

**Independent
Living Centre
Tasmania**

Phone: 1300 452 872

Email: info@ilct.com.au

Address: Southern Office -
337 Argyle Street North
Hobart TAS 7000

Address: Northern Office -
PO Box 37
Perth TAS 7300

Website: www.ilct.com.au

Business hours : 9am - 4:30pm

4

Ways we can help you



- 1 Call 1300 452 872 for advice regarding techniques and equipment, Monday to Friday 9 - 4:30pm (Please leave a message if the phone unattended)



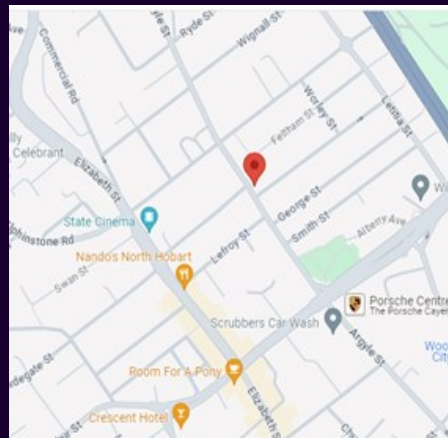
- 2 Email your equipment and advice enquiry to Info@ilct.com.au



- 3 Ask us about visits to your local area



- 4 Visit our website



Supported by the Crown through the Department of Health and Human Services and the Australian Government Department of Social Services. Visit the Department of Social Services website (www.dss.gov.au) for more information. Although funding for this service has been provided by the Australian Government, the material herein does not necessarily represent the views or policies of the Australian Government.

The Right Equipment Can Make Life Easier Everyday



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Independent Living Centre Tasmania

Independent Living Centre Tasmania (ILCT) gives advice about assistive technology. Assistive technology is any equipment that can help you complete a task.

Our health professionals can help you decide what you need, offering information and advice to suit your situation.

Information Services

We have information about thousands of items of equipment including:

- Scooters, wheelchairs and powered recliners, equipment to help you do household tasks (e.g. cooking, washing and shopping)
- Items to make bathing, dressing and personal care easier and safer
- Specialised products for recreation and leisure
- Communication devices
- Smart home technology

Our health professionals can also advise you about:

- Changes to your home
- Office seating and ergonomics
- Adapting everyday items to assist with daily tasks
- Changing the way you do things or
- Using a service

ILCT Information Service is a statewide service. Subsidized by Commonwealth and State Governments.



Talks and Equipment Displays

We host informative discussions and equipment showcases for various communities across Tasmania, providing helpful insights into the latest therapy methods and presenting the latest equipment and technologies aimed at enhancing everyday life for people from all backgrounds.



Allied Health Services

We offer Occupational Therapy, Speech Pathology, and Physiotherapy Services. This includes helping with equipment, home modifications, communication, and computer access. We welcome referrals and work with various groups, such as NDIS and Aged Care. We also provide educational sessions for a fee. As an NDIS-approved provider, we're dedicated to providing high-quality care and support.

